

Don't Wait. Prepare Today.

Be ready for the next natural disaster by creating an emergency supply kit today.



Water (one gallon per person per day for at least three days)



Dust mask, plastic sheeting, and duct tape to keep a makeshift shelter in place



A three-day supply of nonperishable food and can opener



Whistle to signal for help



Flashlight



Wrench or pliers



First aid kit



Extra batteries



Battery-powered or hand-crank radio and a NOAA weather Radio with tone alert



Local maps



Emergency communication plan



Wet wipes, garbage bags, and plastic ties for personal sanitation



International Orthodox Christian Charities
110 West Rd. #360 Baltimore, MD 21204
www.iocc.org • 877.803.4622

